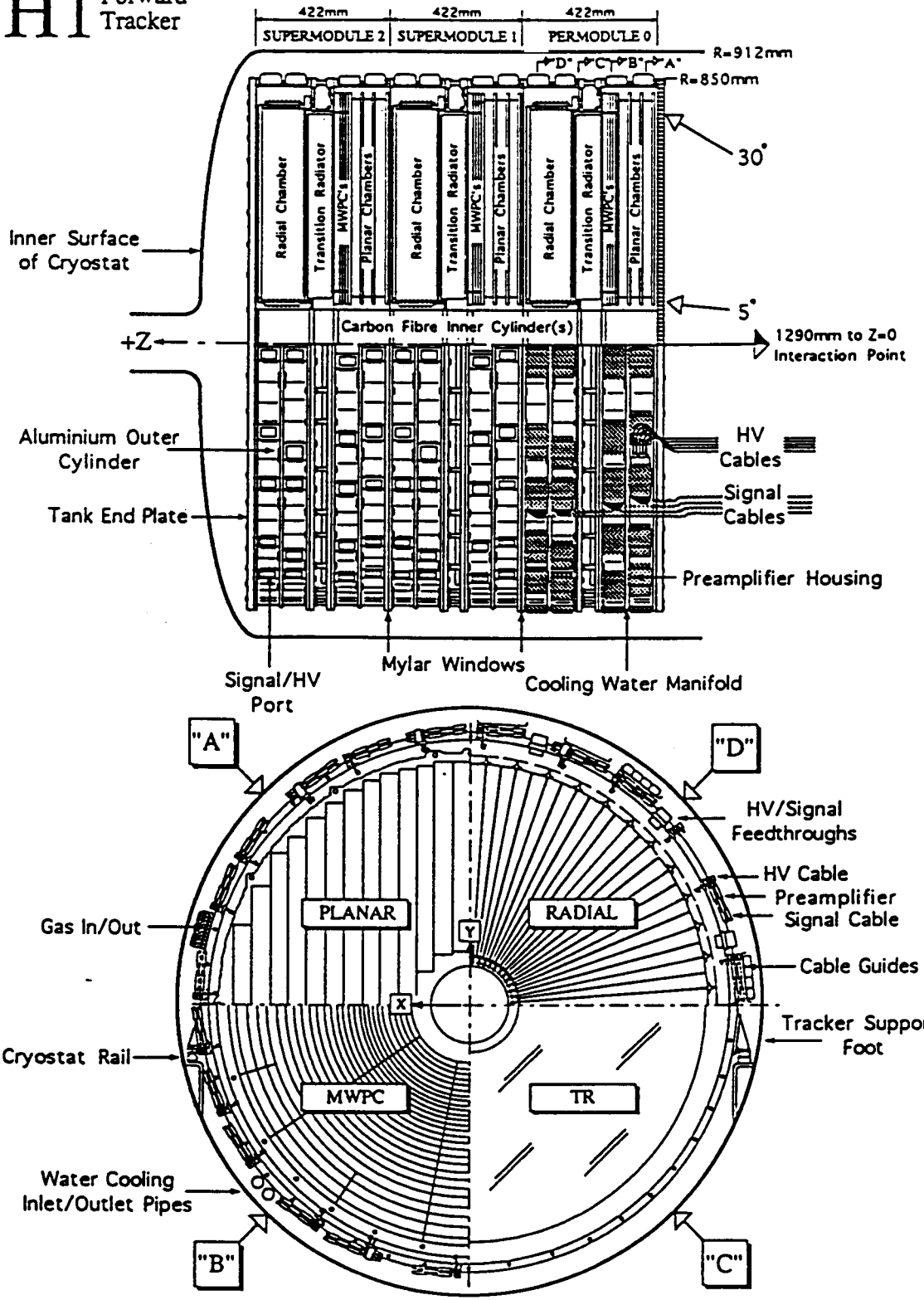H1 Forward Tracker